

Medicaid Member Handbook

What you need to know about your Dental Benefits



Premier Access Insurance Company Combined Evidence of Coverage and Disclosure Form Utah Medicaid

Updated 8.23.2023

Other languages and formats

Other Languages

You can get this Member Handbook and other plan materials for free in other languages. Call 877-541-5415 (TTY 888-346-3162). The call is free.

Other formats

You can get this information for free in other formats, such as Braille, large print and audio within 5 business days at no charge. Call 877-541-5415 (TTY 888-346-3162). The call is free.

Interpreter services

For free interpreter, linguistic and cultural services and help available 24 hours a day, 7 days a week, or to get this handbook in a different language, call 877-541-5415 (TTY 888-346-3162). The call is free.

ATTENTION: If you need help in your language call 1-877-541-5415 (TTY: 1-888-346-3162). Aids and services for people with disabilities, like documents in braille and large print, are also available. Call 1-877-541-5415 (TTY: 1-888-346-3162). These services are free of charge.

ATENCIÓN: si necesita ayuda en su idioma, llame al 1-877-541-5415 (TTY: 1-888-346-3162) También ofrecemos asistencia y servicios para personas con discapacidades, como documentos en braille y con letras grandes. Llame al 1-877-541-5415 (TTY: 1-888-346-3162). Estos servicios son gratuitos.

English	Spanish
ATTENTION: If you speak English, language assistance services, free of charge, are	ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia
available to you. Call 877-541-5415 (TTY: 888-346-3162).	lingüística. Llame al 877-541-5415 (TTY: 888-346-3162).
Chinese	Vietnamese
注意:如果您使用繁體中文,您可以免費獲得語言援助服務。請致電877-541-5415	CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho
(TTY:888-346-3162)。	bạn. Gọi số 877-541-5415 (TTY: 888-346-3162).
Korean 주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 877-541-5415 (TTY: 888-346-3162)번으로 전화해 주십시오.	Tagalog PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 877-541-5415 (TTY: 888-346- 3162).
Farsi	Arabic
-341-877 توجه : اگر به زبان فارسی گفتگو می کنید، تسهیلات زبانی بصورت رایگان برای شما فراهم می باشد. با	ملحوظة: إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 1-
تماس بگیرید.(3162-346-315) TTY: 888-346-3162	888-346-3162.((رقم هاتف الصم والبكم: 1-4242-854-877
Haitian-Creole	Polish
ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou.	UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy
Rele 877-541-5415 (TTY: 888-346-3162).	językowej. Zadzwoń pod numer 877-854-4242 (TTY: 800-735-2929).
French ATTENTION : Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 877-541-5415 (ATS : 888-346-3162)	Italian ATTENZIONE: In caso la lingua parlata sia l'italiano, sono disponibili servizi di assistenza linguistica gratuiti. Chiamare il numero 877-541-5415 (TTY: 888-346- 3162).

Russian	Armenian
ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 877-541-5415 (телетайп: 888-346-3162).	ՈՒՇԱԴՐՈՒԹՅՈՒՆ՝ Եթե խոսում եք հայերեն, ապա ձեզ անվձար կարող են տրամադրվել լեզվական աջակցության ծառայություններ։ Զանգահարեք 877-541-5415 (TTY (հեռատիպ)՝ 888-346-3162)։
German	Portuguese
ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 877-541-5415 (TTY: 888-346-3162).	ATENÇÃO: Se fala português, encontram-se disponíveis serviços linguísticos, grátis. Ligue para 877-541-5415 (TTY: 888-346-3162).



Welcome to Premier Access Utah Dental Medicaid!

Thank you for joining Premier Access Insurance Company (Premier Access). Premier Access is a dental plan for people who have Utah Medicaid. We work with the Utah Department of Health to help you get the dental care you need.

Member Handbook

This Member Handbook tells you about your coverage under Premier Access. Please read it carefully. It will help you understand and use your Benefits and services. It also explains your rights and responsibilities as a member of Premier Access.

This Member handbook is also called the Evidence of Coverage (EOC). It is only a summary of Premier Access rules and policies. If you would like to learn the exact terms and conditions of coverage, you may request a copy of the contract from Customer Service.

Call 877-541-5415 (TTY 888-346-3162) to ask for a copy of the Member Handbook at no cost to you or visit our website at https://portal.premierlife.com to view the Member Handbook.

Contact us

We are here to help. If you have questions, call 877-541-5415 (TTY 888-346-3162). We are here from 8:00am to 5:00pm MST. The call is free.

Thank you,

Premier Access Insurance Company 10400 N. 25th Ave Suite 200 Phoenix, AZ 85021

Contents

Other languages and formats	2
Other Languages	2
Other formats	2
Interpreter services	2
Welcome to Premier Access Utah Dental Medicaid!	5
Member Handbook	5
Contact us	5
Premier Access Insurance Company	9
Notice of Non-discrimination	10
Language Services	11
How can I get help in other languages?	11
Rights and Responsibilities	11
What are my rights?	11
What are my responsibilities?	12
Contacting My Medicaid Dental Plan	12
Who can I call when I need help?	12
Advance Directives	13
Medicaid Dental Benefits	13
How do I use my Medicaid dental benefits?	13
What does my Medicaid card look like?	14
What does my Premier Access dental plan ID card look like?	14
Can I see my Medicaid benefits online?	15
Finding a Provider	15
What is a Primary Dental Provider (PDP)?	15
How do I choose a Primary Dental Provider (PDP)?	15
Copayments	15
Do I have to pay a copayment for dental services?	15
What should I do if I get a dental bill that should be covered by Medicaid?	15
You will have to pay a dental bill if:	16
Emergency Dental Care	16

What is a dental emergency?	16
What should I do if I have a dental emergency?	16
What if I have questions about poison danger?	16
Will I have to pay for dental emergency care?	16
What should I do after I get emergency care?	16
Dental Specialists	16
What if I need to see a dental specialist?	16
Scheduling a Dental Appointment	17
How long does it take to make a dental appointment?	17
Prior Authorization	17
What is prior authorization?	17
Restriction Program	
What does it mean to be in the Restriction Program?	
Other Dental Insurance	
What if I have other dental insurance?	
Adverse Benefit Determinations, Appeals, Grievances, and State Fair Hearings	
What is an adverse benefit determination?	
What is an appeal?	
How do I request an appeal?	
How long does an appeal take?	19
What if I need you to make the decision quickly?	19
What is a quick appeal?	19
How do I ask for a quick appeal?	19
What happens to my service related to my appeal request during the appeal?	19
What is a State Fair Hearing?	20
How do I request a State Fair Hearing?	
What is a grievance?	
How do you file a grievance?	
Fraud, Waste, and Abuse	21
What is health care fraud, waste, and abuse?	21
How can I report fraud, waste, and abuse?	21

Transportation Services		
How do I get to the hospital in an emergency?	22	
How do I get to the dentist when it's not an emergency and I can't drive?	22	
What type of transportation is covered under my Medicaid?	22	
Can I get help if I have to drive long distances?	23	
Amount, Duration and Scope of Benefits Covered by Your Dental Plan	23	
What is a Medically Necessary Service?	23	
Services Covered by Medicaid but Not by a Dental Plan	24	
Notice of Privacy Practices	25	
How do we protect your privacy?	25	
How do I find out more about privacy practices?	25	
Definitions	26	
Attachment A – Limitations and Exclusions	29	
Practice Guidelines	29	
Limitations	29	
Major Service Limitations	30	
Attachment B – Grievance and Appeal Form	34	
Grievance/Appeal Form	34	
Guidelines for Grievances and Appeals:	35	
Attachment C – Privacy Policy	37	
Customer Privacy Notice and our promise to you	37	
Attachment D – Notice of Privacy Practices	39	
NOTICE OF PRIVACY PRACTICES	39	

Premier Access Insurance Company

PO BOX 38300 Phoenix, AZ 85069-8300

https://portal.premierlife.com

Customer Service: (877) 541-5415

TTY: (888) 346-3162

ATTENTION: If you need help in your language call 1-877-541-5415 (TTY: 1-888-346-3162). Aids and services for people with disabilities, like documents in braille and large print, are also available. Call 1-877-541-5415 (TTY: 1-888-346-3162). These services are free of charge.

ATENCIÓN: si necesita ayuda en su idioma, llame al 1-877-541-5415 (TTY: 1-888-346-3162) También ofrecemos asistencia y servicios para personas con discapacidades, como documentos en braille y con letras grandes. Llame al 1-877-541-5415 (TTY: 1-888-346-3162). Estos servicios son gratuito

Notice of Non-discrimination

Premier Access Insurance Company complies with Applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Premier Access Insurance Company does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex. Premier Access Insurance Company Prevides:

Free aids and services to people with disabilities to communicate effectively with us, such as:

- Qualified sign language interpreters
- Written information in other formats (large print, audio, accessible electronic formats, other formats)

Free language services to people whose primary language is not English, such as:

- Qualified interpreters
- Information written in other languages

If you need these services, call 1-877-854-4242.

If you believe that Premier Access Insurance Company has failed to provide these services or discriminated against you in another way on the basis of race, color, national origin, age, disability, or sex, you can file a Grievance with the Grievance Coordinator.

Grievance and Appeals Department P.O. Box 38300, Phoenix, AZ 85069 Toll Free: 1-888-346-3162 (TTY 1-888-346-3162) ag@avesis.com

You can file a Grievance in person or by phone, mail, fax, or email. If you need help filing a Grievance, a Grievance Coordinator is available to help you.

You can also file a civil rights Complaint with the U.S. Department of Health and Human

Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:

U.S. Department of Health and Human Services 200 Independence Avenue, SW Room 509F, HHH Building Washington, D.C. 20201 1-800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at https://www.hhs.gov/ocr/office/file/index.html.

Language Services

How can I get help in other languages?

Call Member Services at (877) 541-5415 if you speak a language other than English, are deaf, blind, or have a hard time hearing or speaking. We will find someone who speaks your language, free of charge.

If you are hard of hearing, call Utah Relay Services at 711 or (877) 541-5415. Utah Relay Services is a free public telephone relay service or TTY/TTD. If you need Spanish relay services, call (888) 346-3162 for Spanish Relay Services.

If you would rather speak a different language, please tell your dentist's office or call our Member Services. We can have an interpreter go with you to your dental visit. We also have many dentists in our network who speak or sign other languages.

You may also ask for our documents in another written language by calling our Member Services team.

Rights and Responsibilities

What are my rights?

You have the right to:

- Have information presented to you in a way that is easy to understand, including help with language needs, visual needs, and hearing needs.
- Be treated fairly and with respect.
- Have your health information kept private.
- Get information on all treatment options and alternatives.
- Make decisions about your dental care, including agreeing to treatment.
- Take part in decisions about your dental care, including the right to refuse treatment.
- Ask for and get a copy of your dental record.
- Ask that your dental record be corrected or changed, if needed.
- Get dental care regardless of race, color, national origin, sex, sexual orientation, gender identity, religion, age, or disability.
- Get information about grievances, appeals, and State fair hearings.
- File a grievance or request and appeal.
- Get emergency care at any hospital or other setting.
- Get emergency care 24 hours a day, 7 days a week.
- Not feel controlled or forced into making dental decisions.
- Ask how we pay your providers.

- Be free from any form of restraint or seclusion used as a means of force, discipline, convenience or retaliation. This means you cannot be held against your will. You cannot be forced to do something you do not want to do.
- Use your rights at any time and not be treated badly if you do. This includes treatment by Premier Access, your dentist, and by State Medicaid.
- To be given dental care services that are the right kind of services based on your needs.
- To get dental services that are covered by Premier Access. Services must be fairly easy to get to and accessible to all members. All members include those who may not speak English very well, or have physical or mental disabilities.
- To get covered dental services within 30 days for routine, non-urgent care, and within 2 days for urgent care.
- To get the same services offered under the fee-for-service Medicaid dental program.
- To get a covered dental service from an out-of-network provider if we cannot provide the service.
- A second opinion at no charge.
- Indian members may obtain covered dental services directly from and Indian health care provider.
- To receive dental services in accordance with requirements for access, coverage and coordination of medically necessary services.

What are my responsibilities?

Your responsibilities are to:

- Follow the rules of your dental plan.
- Read this Member Handbook.
- Show your Medicaid Member card each time you get dental care.
- If you must cancel a dental appointment, call your dentist 24 hours before the appointment.
- Respect the staff and property at your provider's office.
- Provide correct information to your dentists and your dental plan.
- Use dentists and facilities in Premier Access network.
- Tell us if you get a dental bill.
- Call the Department of Workforce Services (DWS) if you change your address, family status, or other health care coverage.

Contacting My Medicaid Dental Plan

Who can I call when I need help?

Our Member Services team is here to help you. We can answer your questions. You can call us at (877) 541-5415 from Monday through Friday, from 8:00 AM to 5:00 PM MST. We can help you:

- Find a dentist
- Find a dental specialist
- Change dentists
- With questions about bills
- Understand your dental benefits
- With a complaint or an appeal
- With any other question

You can also find us on the internet at <u>https://portal.premierlife.com</u>.

Advance Directives

You have a right to make decisions about your dental care. An advance directive is a form you can fill out to protect your rights. You have a right to accept or refuse treatment. You also have the right to plan and direct the types of health care you may receive in the future.

There are four types of Advance Directives:

- Living Will (End of life care)
- Medical Power of Attorney
- Mental Healthcare Power of Attorney
- Pre-Hospital Medical Care Directive (Do Not Resuscitate)

Living Will: A Living Will is a document that tells doctors what types of services you do or do not want if you become very sick and near death and cannot make decisions for yourself.

Medical Power of Attorney: A Medical Power of Attorney is a document that lets you choose a person to make decisions about your health care when you cannot do it yourself.

Mental Healthcare Power of Attorney: A Mental Healthcare Power of Attorney names a person to make decisions about your mental health care in case you cannot make decisions on your own.

Pre-Hospital Medical Care Directive: A Pre-Hospital Medical Care Directive tells providers if you do not want certain lifesaving emergency care that you would get outside a hospital or in a hospital Emergency Room. It might also include services provided by other emergency response providers, such as firefighters or police officers. You must complete a special orange form. You should keep the completed orange form where it can be seen.

Medicaid Dental Benefits

How do I use my Medicaid dental benefits?

Each Medicaid member will get a Medicaid Member card.

You will use this card whenever you are eligible for Medicaid. You should show your Medicaid card before you receive services or get a prescription filled. Always make sure that the provider accepts your Medicaid dental plan or you may have to pay for the service.

A list of covered services is found on page 22.

What does my Medicaid card look like?

The Medicaid card is wallet-sized and will show the member's name, Medicaid ID number and date of birth. Your Medicaid card will look like this:

Thi	s card does not guarantee coverage.	UTAH DEPARTMENT OF HEALTH MEDICAID
	NAME: JANE DOE	
	D: 0123456789 DOB: 01/01/1981	
		DENTITY WITH PHOTO ID. USE OF THIS THE MEDICAID MEMBER IS FRAUDULENT.

DO NOT lose or damage your card or give it to anyone else to use. If you lose or damage your card, call the Department of Workforce Services (DWS) at 1-866-435-7414 to get a new card.

What does my Premier Access dental plan ID card look like?

The Premier Access Medicaid ID card will show the member's name, Medicaid ID number and benefit plan. Your Premier Access dental ID card will look like this:



DO NOT lose or damage your card or give it to anyone else to use. If you lose or damage your card, call Customer Service at 1-877-541-5415 to get a new card.

Can I see my Medicaid benefits online?

Yes, you can check your Medicaid coverage and plan information online at mybenefits.utah.gov. Primary individuals can see coverage and plan information for everyone on their case. Adults and children 18 and older can see their own coverage and plan information. Access may also be given to your medical representative.

For more benefit information please visit mybenefits.utah.gov or call 1-844-238-3091. You may also see your dental plan benefits online at https:// portal.premierlife.com.

Finding a Provider

What is a Primary Dental Provider (PDP)?

The Primary Dental Provider (PDP) is the dentist who gives you or your child services that prevent or treat dental problems. A PDP knows you and your child's dental history. Your PDP can send you to a specialist for more complex dental problems. With a PDP, your dental needs will be managed from one place.

How do I choose a Primary Dental Provider (PDP)?

It is important for you to find a dentist. Having a Primary Care Dentist (PCD) will help you receive dental care on a regular basis. Your Primary Care Dentist (PCD) is considered your dental home. Choosing a dental home is recommended by the American Dental Association. You should choose a PCD or dental home by your 1st birthday. You may need to change your PCD when you receive new dental coverage or when you move to a new area. You should get dental care no later than your 1st tooth or 1st birthday.

You may choose any dentist who is in our network. We refer to this as an open network.

In-network providers are listed in our provider directory. The provider directory can be found online at portal.premilerlife.com. Click "Search for Providers". Enter your plan type (Medicaid). You can search for dentists by zip code or by name. Click "Additional details" for more search options.

Indian members may get covered dental services directly from an Indian health care provider.

If you need help choosing a dentist, you may call Member Services at (877) 541-5415 and someone will help you. Tell us if you have a special need related to your dental care. You do not need to notify the plan of your dentist choice.

Copayments

Do I have to pay a copayment for dental services?

There are no copays for Medicaid covered dental services.

What should I do if I get a dental bill that should be covered by Medicaid?

If you get a bill for services that you believe should be covered by Premier Access dental plan, call Member Services 877-541-5415. Do not pay a bill until you talk to Member Services. You may not get refunded if you pay the bill. You should never have to pay for PPE (personal protective equipment). This is included in the cost of your covered dental services and dentists cannot charge you for it.

You will have to pay a dental bill if:

- You are not eligible for Medicaid on the day of service.
- You get a service that is not covered by Medicaid. You must agree (in writing) that you will pay for the service before you get the service.
- You ask for and get services during an appeal or State Fair Hearing and the result is not in your favor.
- You get care from a dentist who is not with your dental plan, or is not with Utah Medicaid. (Except for Emergency Services).

Emergency Dental Care

What is a dental emergency?

A dental emergency is a condition that needs to be treated right away. An emergency is when you think your life is in danger, a body part is hurt badly, or you are in great pain.

What should I do if I have a dental emergency?

If you have a dental emergency, contact your dentist. Most offices have an after-hours emergency phone number. If you do not hear back from your dentist or do not have one, call Premier Access for help. If after hours and you still need help, call 911 or go to the closest emergency room. You do not have to get prior authorization for emergency care.

What if I have questions about poison danger?

For poison, medication, or drug overdose emergencies or questions, call the Poison Control Center at 1-800-222-1222.

Will I have to pay for dental emergency care?

There is no copay for covered dental emergency care.

What should I do after I get emergency care?

Call us as soon as you can after getting emergency care. Also, notify your Primary Dental Provider (PDP) to tell them about your emergency care visit.

Dental Specialists

What if I need to see a dental specialist?

If you need a service that is not provided by your Primary Dental Provider (PDP), you can see a dental specialist in the network. Services must be medically necessary and a covered benefit.

You may go directly to the in-network specialist if you have one. All benefit criteria must be met, including prior authorization.

You can search for in-network dentists or specialists in our provider directory. The provider directory can be found online at portal.premilerlife.com. Click "Search for Providers". Enter your plan type (Medicaid). You can search for dentists by zip code or by name. Click "Additional details" for specialties and more search options.

If you need help finding a specialist, call us at (877) 541-5415 for help.

Scheduling a Dental Appointment

How long does it take to make a dental appointment?

You should be able to get in to see a Premier Access dentist:

- Within 30 days for routine, non-urgent appointments
- Within 2 days for urgent care that can be treated in a dentist's office

Prior Authorization

What is prior authorization?

Some services must be pre-approved by Premier Access before they will be paid. A p p r o v a l for the provider to be paid for that service is called prior authorization.

If you need a service that requires prior authorization, your dentist will ask Premier Access to approve the service. If we do not approve payment for a service, you may appeal the decision. Please call our member services at (877) 541-5415 if you have any questions.

These dental services need prior authorization, even if you receive them from a provider in the Premier Access network:

- Crowns
- Full and partial dentures
- Some periodontic services, including deep cleaning (scaling and root planning)
- Orthodontics

Call Customer Service or check with your dentist for a complete list of services that require prior authorization. If approved, the pre-authorization is valid for 180 days. If the service is not completed in 180 days, you will need to get a new pre-authorization.

Time frames for processing prior authorizations are:

- Standard 14 calendar days
- Expedited 72 hours

Restriction Program

What does it mean to be in the Restriction Program?

If you are in the Restriction Program, all medical services and prescriptions must be approved or coordinated by your assigned physician. If you are enrolled in the Restriction Program, and your dentist writes you a prescription, you must talk to the State Medicaid Restriction Program staff about which pharmacy to use. You can contact them by calling 801-538-9045 or toll-free 1-800-662-9651 (press #900).

Other Dental Insurance

What if I have other dental insurance?

Some members have other dental insurance in addition to Medicaid. Your other insurance is your primary insurance. If you have other insurance, your primary insurance will pay first. Please bring all of your dental insurance cards with you to your dental visit.

Please tell your dental plan and your dentist if you have other dental insurance. You must also contact the DWS and report that you have other insurance within 10 days of enrollment in other health insurance. This helps Medicaid and your providers know who should pay your bills. This information will not change the services you receive.

Adverse Benefit Determinations, Appeals, Grievances, and State Fair Hearings

What is an adverse benefit determination?

An adverse benefit determination is when we make a decision that is not in your favor. Types of adverse benefit determinations are when we:

- Deny or limit approval of a requested service.
- Lower the number of services we had approved, or end a service that we had approved.
- Deny payment or pay less for a service that you received.
- Do not make a decision on an appeal or grievance in a timely manner.
- Do not provide you with a dental appointment in a timely manner.
- We will send you a notice of adverse benefit determination if one of the above happens. If you do not receive a notice, contact Member Services and we will send you one.

What is an appeal?

If you disagree with the adverse benefit determination, you, your provider, or your authorized representative can request an appeal. An appeal is the review that Premier Access does of the adverse determination that we made.

How do I request an appeal?

You, your provider (with your written consent) or your authorized representative can file an appeal. The person requesting the appeal can do so by calling us or sending the appeal request in writing. The phone number is (877) 541-5415. The mailing address is:

Premier Access Attn: Grievances/Appeals P.O. Box 38300 Phoenix, AZ 85069

- The Appeals Dept. fax number is 1-855-691-3243.
- An appeal request form is available on our website at https://portal.premierlife.com and at the back of this handbook.
- A request for an appeal will be accepted by email: AG@avesis.com
- You must request the appeal within 60 days from the notice of adverse benefit determination notice.
- If you need help requesting an appeal, call us at (877) 541-5415.
- If you are deaf or hard of hearing, you can call Utah Relay Services at 711 or 1-800-346-4128

How long does an appeal take?

You will be given written notice of our decision within 30 calendar days from the date we get your appeal request. You will be notified in writing if we need more time to make a decision on your appeal request.

What if I need you to make the decision quickly?

If you or your provider is concerned that waiting 30 days could be harmful to your health, call us as (877) 541-5415 and ask for a quick appeal.

What is a quick appeal?

A quick appeal means we will make a decision on your appeal within 72 hours after we receive it. If we do not agree that you need a quick appeal, we will send you a letter and explain why.

How do I ask for a quick appeal?

Call us at 877-541-5415 or write to us at:

Premier Access Attn: Grievances/Appeals P.O. Box 38300 Phoenix, AZ 85069

What happens to my service related to my appeal request during the appeal?

You can request to continue your services during an appeal. If the appealed decision is not in your favor you may have to pay for the service.

What is a State Fair Hearing?

A State Fair Hearing is a process with the State Medicaid Agency that allows you to explain why you believe Premier Access' appeal decision should be changed. You, your authorized representative, or your provider, can ask for a State Fair Hearing after you get notice of our appeal decision.

How do I request a State Fair Hearing?

When we tell you about our decision on your appeal we will also tell you how to request the State Fair Hearing if you do not agree with our decision. We will also give you the State Fair Hearing Request Form to send to Medicaid.

The hearing request must be made no later than 120 calendar days from the date on our appeal decision notice.

What is a grievance?

A grievance is a complaint about anything other than an adverse benefit determination. You have the right to file a grievance and tell us about your concerns such as:

- When you do not agree with the amount of time that we took make a service authorization decision.
- Whether care or treatment is appropriate.
- Access to care.
- Quality of care.
- Rudeness by a provider or staff.
- Any other kind of problem you may have had with us, your provider, or health care services.

How do you file a grievance?

You can file a grievance at any time. You can file a grievance over the phone or in writing. To file by phone, call Member Services at (877) 541-5415. If you are deaf or hard of hearing, you can call Utah Relay Services at 711 or 1-800-346-4128.

To file a grievance in writing, please send your letter to:

Premier Access Attn: Grievances/Appeals P.O. Box 38300 Phoenix, AZ 85069

We will let you know of our decision about your grievance within 90 days from the day we get your grievance. Sometimes we might need more time to make our decision. We can take up to another 14 calendar days to make a decision. If we need more time to make a decision, we will let you know by phone or in writing within two days.

Fraud, Waste, and Abuse

What is health care fraud, waste, and abuse?

Doing something wrong related to Medicaid could be fraud, waste or abuse. We want to make sure that health care dollars are used the right way. Fraud, waste and abuse can make health care more expensive for everyone.

Let us know if you think a dental care provider or a person getting Medicaid is doing something wrong.

Some examples of fraud, waste and abuse are:

By a Member

- Letting someone use your Medicaid ID card
- Changing the amount or number of refills on a prescription
- Lying to get medical, dental, mental health, or pharmacy services

By a Provider

- Billing for services or supplies that have not been provided
- Overcharging a Medicaid member for covered services
- Not reporting a patient's misuse of a Medicaid card

How can I report fraud, waste, and abuse?

If you suspect fraud, waste or abuse, you may contact:

• Internal ACO compliance

Premier Access Insurance Company Fraud, Waste and Abuse P.O. Box 38300 Phoenix, AZ 85069

Fraud Hotline: 1-855-704-0435

• Provider Fraud

The Office of Inspector General (OIG) Email: mpi@utah.gov Toll-Free Hotline: 1-855-403-7283

Member Fraud

Department of Workforce Services Fraud Hotline Email: wsinv@utah.gov Telephone: 1-800-955-2210

You will not need to give your name to file a report. Your benefits will not be affected if you file a report.

Transportation Services

How do I get to the hospital in an emergency?

If you have a serious medical problem and it's not safe to drive to the emergency room, call 911. Utah Medicaid covers emergency medical transportation.

How do I get to the dentist when it's not an emergency and I can't drive?

Medicaid may be able to help you get to the dentist when it is not an emergency. To get this kind of help you must:

- Have Traditional Medicaid on the date the transportation is needed.
- Have a medical or dental reason for the transportation.
- Call the Department of Work Force Services (DWS) 1-800-662-9651 to find out if you can get help with transportation.

What type of transportation is covered under my Medicaid?

- UTA Bus Pass, including Trax (Front Runner and Express Bus Routes are not included): If you are able to ride a bus, call DWS to ask if your Medicaid program covers a bus pass. The pass will come in the mail. Show your Medicaid card and bus pass to the driver.
- UTA Flex Trans: Special bus services for Medicaid clients who live in Davis, Salt Lake, Utah and Weber counties. You may use Flex Trans if:
 - You are not physically or mentally able to use a regular bus
 - You have filled out a UTA application form to let them know you have a disability that makes it so you cannot ride a regular bus. You can get the form by calling:
 - Salt Lake and Davis counties: (801) 287-7433
 - Davis, Weber and Box Elder counties: 1-877-882-7272
 - You have been approved to use special bus services and have a Special Medical Transportation Card.
 - Dial-A-Ride: Special bus service available for members who live in Iron County
 - o Call 435-865-4510
- **ModivCare:** Non-emergency door-to-door service for medical, including dental, appointments and urgent care. You may be eligible for ModivCare if:
 - o You have Traditional Medicaid
 - There is not a working vehicle in your household
 - Your physical or mental disabilities make it so you are not able to ride a UTA bus or Flex Trans
 - Your doctor has completed a ModivCare form

When approved, you can arrange for this service by calling ModivCare at 1-855-563-4403. You must make reservations with ModivCare three business days before your appointment. Urgent care does not require a three-day reservation. ModivCare will call your dentist to make sure the problem was urgent.) Eligible members will be able to receive services from ModivCare statewide.

Can I get help if I have to drive long distances?

• **Mileage Refund:** Talk to a DWS worker if you have questions about a mileage refund. You will only be refunded if there is NOT a cheaper way for you to get to your dentist.

Families with a child should check with a DWS worker to see about mileage refund for EPSDT well-child medical and dental visits.

• **Overnight Costs:** In some cases, when overnight stays are needed to get medical treatment, Medicaid may pay for overnight costs. The cost includes lodging and food. Overnight costs are rarely paid in advance. Contact a DWS worker to find out what overnight costs may be covered by your Medicaid program.

Amount, Duration and Scope of Benefits Covered by Your Dental Plan

Dental services covered by Premier Access:

- Check-ups, x-rays and cleanings every six months
- Tooth sealants and fluoride treatments
- Fillings for affected teeth
- Root canal treatment for certain teeth
- Remove the soft inner part of the tooth (pulp) for infected baby teeth
- Pulling teeth
- Dentures, partial dentures
- Space maintainers for children with missing teeth
- Orthodontic care
- Some specialty care or surgical centers for dental care under general anesthesia
- I.V. sedation and oral sedation
- Oral surgery
- Crowns
- Emergency services
- After hours office visits

What is a Medically Necessary Service?

To determine if dental care is a Medically Necessary Service, Premier Access considers:

- The prevention, diagnosis and treatment of a disease, condition and/or disorder that results in health impairments and/or disability.
- The ability for a member to receive age-appropriate growth and development.
- The ability for a member to attain, maintain or regain functional capacity.

• The opportunity for a member receiving long-term services and supports to have access to the benefits of community living, to achieve person centered goals, and live and work in the setting of their choice. Premier Access follows Utah State Medicaid guidelines and requirements and is no more restrictive than the state Medicaid program on covered dental services, number of services or how often you can have services.

Services Covered by Medicaid but Not by a Dental Plan

The services listed below may be covered by either another type of managed care plan or by Medicaid fee-for service. The other types of managed care plans are mental health plans and physical health plans.

- Medical doctor visits
- Inpatient hospital care
- Mental health care
- Pharmacy
- Family planning
- Transportation (emergency and non-emergency)
- Vision care
- Physical and occupational therapy
- Medical supplies
- Podiatry
- Speech and hearing
- Chiropractic care
- Lab and x-ray services not related to dental care
- Home health
- Nursing home
- Hospice

Can I get a service that is not on this list?

Generally, Medicaid does not pay for non-covered services. However, there are some exceptions as listed below:

- Members who qualify for EPSDT may obtain services which are medically necessary but are not typically covered
- Reconstructive procedures following disfigurement caused by trauma or medically necessary surgery
- Reconstructive procedures to correct serious functional impairments (for example, inability to swallow)
- When performing the procedure is more cost-effective for the Medicaid program than other alternatives

If you would like to request an exception for a non-covered service, you can make that request by filing a grievance. You can file a grievance either over the phone or in writing. To file by phone, call Member Services at (877) 541-5415. To file a grievance in writing, please send your letter to:

Premier Access Attn: Grievances/Appeals P.O. Box 38300 Phoenix, AZ 85069

Notice of Privacy Practices

How do we protect your privacy?

We strive to protect the privacy of your Personal Health Information (PHI) in the following ways:

- We have strict policies and rules to protect PHI
- We only use or give out your PHI with your consent
- We only give out PHI without your approval when allowed by law
- We protect PHI by limiting access to this information to those who need it to do given tasks and through physical safeguards
- You have the right to look at your PHI.

How do I find out more about privacy practices?

Contact Member Services if you have questions about the privacy of your dental records. They can help with privacy concerns you may have about your dental information. They can also help you fill out the forms you need to use your privacy rights.

The complete notice of privacy practices is available at https://www.guardianlife.com/privacy-policy. You can also ask for a hard copy of this information by contacting member services at (877) 541-5415.

ATTENTION: If you need help in your language call 1-877-541-5415 (TTY: 1-888-346-3162). Aids and services for people with disabilities, like documents in braille and large print, are also available. Call 1-877-541-5415 (TTY: 1-888-346-3162). These services are free of charge.

ATENCIÓN: si necesita ayuda en su idioma, llame al 1-877-541-5415 (TTY: 1-888-346-3162) También ofrecemos asistencia y servicios para personas con discapacidades, como documentos en braille y con letras grandes. Llame al 1-877-541-5415 (TTY: 1-888-346-3162). Estos servicios son gratuitos.

Definitions

Words to know

Adverse Benefit Determination: May be any of the following:

- 1. the denial or limited authorization of a requested service, including determinations based on the type or level of service, requirements for Medical Necessity, appropriateness, setting, or effectiveness of Covered Service;
- 2. the reduction, suspension, or termination of a previously authorized service;
- 3. the denial, in whole or in part, of payment for a service;
- 4. the failure to provide services in a timely manner, as defined as failure to meet performance standards for appointment waiting times;
- 5. the failure of the Contractor to act within the time frames established for resolution and notification of Grievances and Appeals; or
- 6. the denial of an Enrollee's request to dispute a financial liability, including cost sharing, copayments, premiums, deductibles, coinsurance, and other Enrollee financial liabilities.

Appeal: A review of an Adverse Benefit Determination taken by Premier Access.

Applicable: Applies to or refers to having an effect on someone or something.

Authorization: See Prior Authorization.

Balance Billing: Billing a patient for the difference between the dentist's actual charge and the amount paid by Premier Access.

Benefits: Medically necessary (needed) dental services provided by a Plan dentist that are available through the Medicaid program.

Caries: Another term for tooth decay or cavities.

Covered Services: The set of dental procedures that are benefits of Premier Access. Premier Access will only pay for the medically necessary services provided a Premier Access dentist that are benefits of the Medicaid program.

Dental Specialist: A dentist providing specialty care such as endodontics, oral surgery, pediatric dentistry, periodontics, and orthodontics (braces).

Early and Periodic Screening, Diagnosis and Treatment Program (EPSDT): A federal program that provides health care for children through periodic screenings, diagnostic and treatment services. Dental care is included in the EPSDT program.

Emergency Care: A dental examination and/or evaluation by a Premier Access dentist or dental specialist to determine if an emergency dental condition exists, and to provide care to treat any emergency symptoms within the capability of the facility and within professionally recognized standards of care.

Emergency Dental Condition: A dental condition that in the absence of immediate attention could reasonably be expected to result in placing the individual's health in jeopardy, causing severe pain or impairing function.

Endodontist: A dental specialist who limits his or her practice to treat disease and injuries of the pulp and root of the tooth.

Exclusion: Refers to any dental procedure or service not available under the Medicaid program.

Grievance: A grievance is an expression of dissatisfaction about any matter other than an adverse benefit determination.

Limitations: Refers to the number of services allowed, type of service allowed, and/or the most affordable dentally appropriate service.

Medically Necessary: Covered services which are necessary and appropriate for the treatment of the teeth, gums, and supporting structures and that are (a) provided according to professionally recognized standards of practice; (b) determined by the treating dentist to be consistent with the dental condition; and (c) the most appropriate type and level of service considering the potential risks, benefits, and covered services which are alternatives.

Medically Necessary Services: Services or supplies that are proper and needed for the diagnosis or treatment of your dental or medical condition, are provided for the diagnosis, direct care, and treatment of your dental or medical condition, meet the standards of good dental or medical practice in the local area, are more effective, more conservative and/or less costly than other treatments available and aren't mainly for the convenience of you, your dentist or doctor.

Network: The dentist, hygienist, and dental specialists available within the Plan's service area that have agreements with the Plan to provide dental service to its members.

Non-Covered Service: A dental procedure or service that is not a covered benefit.

Non-Participating Dentist: A dentist who is not authorized to provide services to Medicaid eligible members.

Oral Surgeon: A dental specialist who limits his or her practice to the diagnosis and surgical treatment of diseases, injuries, deformities, defects and appearance of the mouth, jaws and face.

Orthodontist: A dental specialist who limits his or her practice to the prevention and treatment of problems in the way the upper and lower teeth fit together in biting or chewing.

Out-of-Network provider: A provider who is not part of the Premier Access network.

Participating Dental Provider: A provider enrolled in the Medicaid program that provides dental services to Premier Access members.

Pediatric Dentist: A dental specialist who limits his or her practice to treatment of children from birth through adolescence, providing primary and a full range of preventive care treatment.

Periodontist: A dental specialist who limits his or her practice to treatment of diseases of the gums and tissue around the teeth.

Prior Authorization: A request by a Premier Access dentist to approve services before they are performed. Dentist receive an authorization from Premier Access for approved services.

Prosthodontist: A dentals specialist who limits his or her practice to the replacement of missing teeth with dentures, bridges or other substitutes.

Provider Directory: a list of all providers in the Premier Access network.

Requirements: Refers to something that you must do or riles you must follow.

Responsibility: Refers to something that you should do or are expected to do.

Attachment A – Limitations and Exclusions

Practice Guidelines

Note: This section has many clinical terms. Your dentist can explain the terms in more detail. Your dentist can also answer questions you may have about this section. Prior-authorization may be required for some services. Co-pays vary depending on the service and your plan type.

Limitations

Preventive Service limitations:

- Oral exams limited to two per plan year.
- Cleanings limited to two per plan year. Periodontal maintenance (covered under
- Basic Services) also applies toward the frequency limitation.
- Bitewing x-rays limited to one series of four films 2 times per plan year. (Isolated bitewing or periapical films are allowed on an emergency basis.)
- Full mouth x-rays and panoramic films limited to once every 5 years.
- Space maintainers limited to initial appliance only and enrollees under age 14.

Basic Service limitations:

Restorations

• Replacement of a filling in less than 24 months from the date of first placement is not covered, unless due to specific health reasons.

Oral Surgery

- Surgical removal of impacted teeth is a covered benefit only when there is evidence of pathology.
- Under oral surgery, general anesthesia and intravenous sedation are covered only for the removal of impacted teeth and some other oral surgeries. General anesthesia and intravenous sedation and not covered with simple extractions.

Endodontics

Root canal therapy, including culture canal, is limited as follows:

- Retreatment of root canals is a covered benefit only if clinical or radiographic signs of abscess formation are present and/or the patient is experiencing symptoms.
- Removal or retreatment of silver points, overfills, underfills, incomplete fills, or broken instruments lodged in a canal, in the absence of pathology, is not a covered benefit.
- Under endodontics, general anesthesia and intravenous sedation are covered only for certain apicoectomy/periradicular surgery procedures.

Periodontics

- Periodontal maintenance is limited to 2 per plan year, following active periodontal therapy. Cleanings (covered under Preventive services) also apply toward the frequency limitation.
- Periodontal scaling and root planning, and subgingival curettage are limited to one treatment per quadrant in any 24 consecutive months.
- For periodontics, general anesthesia and intravenous sedation are covered only when provided in conjunction with certain osseous surgery procedures.

Other Basic Services

- Sealants are limited to permanent molars, with no decay, without restorations, limited to 1 time per 24month period. Limited to enrollees through age 15.
- Sealant benefits do not include the repair or replacement of a sealant on any tooth within two (2) years of its application.
- Stainless steel crowns are limited to primary teeth. Only acrylic crowns and stainless-steel crowns are a benefit for children under 12 years of age. If other types of crowns are chosen as an optional benefit for children under 12 years of age, the covered dental benefit level will be that of an acrylic crown.
- Services for behavior management, other than oral sedation, provided in the dental office are not covered.
- Lab fees for denture repairs are not covered.

Major Service Limitations

Crowns

- Replacement of each crown is limited to once every 24 months.
- Crowns will be covered only if there is not enough retentive quality left in the tooth to hold a filling.
- Charges for lab fees for higher metals (noble, high noble) or porcelain are not covered. An allowance will be made for a full cast crown. Enrollee will be responsible for the difference.
- Implants, their removal or other associated procedures are not covered.

Fixed Bridges

- A fixed bridge is covered when it is necessary to replace a missing permanent anterior tooth in a person 16 years of age or older and the patient's oral health and general dental condition permits. For children under the age of 16, it is considered optional dental treatment and will not be covered. If performed on an enrollee under the age of 16, the enrollee must pay the difference in cost between the fixed bridge and a space maintainer.
- Fixed bridges used to replace missing posterior teeth are considered optional when the abutment teeth are dentally sound and would be crowned only for the purpose of supporting a pontic and are not covered.
- Fixed bridges are optional when provided in connection with a partial denture on the same arch and are not covered.

• Replacement of an existing fixed bridge is covered only when it cannot be made satisfactory by repair.

Removable Prosthetics (Dentures)

- Partial dentures will not be replaced within five years unless:
 - 1. It is necessary due to natural tooth loss where the addition or replacement of teeth to the existing partial is not feasible, or
 - 2. The denture is unsatisfactory and cannot be made satisfactory.
- A removable partial denture is considered adequate restoration of a case when teeth are missing on both sides of the dental arch. Other treatments of such cases are considered optional and will be limited to the cost of a partial.
- Full upper and/or lower dentures are not to be replaced within five years unless the existing denture is unsatisfactory and cannot be made satisfactory by reline or repair.
- The covered dental benefit for complete dentures will be limited to the benefit level for a standard procedure. If a more personalized or specialized treatment is chosen by the patient and the dentist, the patient will be responsible for all additional charges.
- Office or laboratory relines or rebases are limited to one per arch in any six consecutive months.
- Tissue conditioning is limited to two per denture.
- Charges for actual lab fees for full maxillary or mandibular dentures will be the enrollee's responsibility. The enrollee will be responsible for the co-pay for full maxillary or mandibular dentures plus any applicable lab fees.
- Charges for actual lab fees for partial upper or lower dentures, rebases or laboratory relines will be the enrollee's responsibility. The enrollee will be responsible for the co-pay plus any applicable lab fees.
- Implants, their removal or other associated procedures are not covered.

Orthodontic Limitations

Premier Access will pay a portion of the initial banding costs and ongoing maintenance costs, up to the lifetime maximum of \$1000.

- For American Indian/Alaska Native CHIP members, Premier Access will pay 100% of the upfront costs (initial banding) and 100% of ongoing treatment costs (monthly, quarterly, etc.) until the lifetime maximum of \$1000 is reached. Member pays the remaining portion of the CHIP allowed fee after plan has paid the maximum annual benefit.
- For CHIP B members, Premier Access will pay 95% of the upfront costs (initial banding) and 95% of ongoing treatment costs (monthly, quarterly, etc.) until the lifetime maximum of \$1000 is reached. Member pays the remaining portion of the CHIP allowed fee after plan has paid the maximum annual benefit.
- For CHIP C members, Premier Access will pay 50% of the upfront costs (initial banding) and 50% of ongoing treatment costs (monthly, quarterly, etc.) until the lifetime maximum of \$1000 is reached. Member pays the remaining portion of the CHIP allowed fee after plan has paid the maximum annual benefit.
- Benefits limited to medically necessary orthodontic services. A medically necessary service is one needed to treat certain medical conditions. Enrollee must score a minimum of 30 on the Salzmann Index.
- Cephalometric x-ray limited to once in any 2-year period.

- Orthodontic treatment diagnostic casts (study models), limited to once per lifetime.
- Benefits for ongoing treatment are payable over the shorter of the treatment length or 24 months.
- Benefits are not paid to repair or replace any orthodontic appliance provided under CHIP.
- Benefits end immediately if treatment stops, or if the enrollee's CHIP coverage is terminated.
- If the enrollee's orthodontic treatment is interrupted and orthodontic bands are prematurely removed, then the enrollee no longer qualifies for continued orthodontic treatment.
- If the enrollee's coverage ends after the start of treatment, the enrollee will be responsible for any additional charges for remaining treatment after coverage ends. The provider will not charge the enrollee more than the contracted rate for treatment remaining after the loss of coverage.

Dental Exclusions

- Services and supplies not listed in the scope of coverage, not recognized as essential for the treatment of the condition according to accepted standards of practice or considered experimental.
- Charges for cosmetic procedures and procedures performed primarily for cosmetic reasons.
- Charges for services related to, performed in conjunction with, or resulting from a non-covered service.
- Charges for services that are applied toward the satisfaction of deductible, if any.
- Charges for implants, myofunctional therapy, athletic mouth guards, precision or semi-precision attachments, treatment of fractures, cysts, tumors, or lesions; maxillofacial prosthesis, orthognathic surgery or TMJ dysfunction.
- Services for congenital (hereditary) or developmental (following birth) malformations, including but not limited to cleft palate, upper and lower jaw malformations, enamel hypoplasia, fluorosis and anodontia.
- Charges for lab fees for higher metals or porcelain crowns, bridges, inlays or onlays.
- Charges for treatment to restore tooth structure lost from wear, erosion or abrasion; treatment to rebuild or maintain chewing surfaces due to teeth out of alignment or occlusion; or treatment to stabilize the teeth. Examples include but are not limited to equilibration, periodontal splinting or occlusal adjustment.
- Charges for extraoral grafts.
- Charges for treatment performed by someone other than a dentist or a person who by law may work under a dentist's direct supervision.
- Charges for services or supplies covered by any other health plan, medical expense, auto or no-fault plan.
- Charges for treatment performed by a person who ordinarily resides in the enrollee's household or who is related to the enrollee by blood, marriage or legal adoption.
- Charges for anesthesia, other than general anesthesia and IV sedation in connection with covered oral surgery or select endodontic and periodontal surgical procedures.
- Charges for local anesthesia. These charges are included within the cost of the procedures performed and cannot be charged separately.
- Charges for oral sedation and nitrous oxide.

General Exclusions

- Charges in excess of the contracted fee-for service schedule or the Reasonable and Customary Rate, whichever applies.
- Charges for any treatment program which began prior to the date the insured is covered by CHIP and Premier Access.
- Treatment of condition, injury or illness covered under any Workers'
- Compensation Act or similar law.
- Charges resulting from changing from one provider to another while receiving treatment, or from receiving treatment from more than one provider for one dental procedure to the extent that the total charges billed exceed the amount incurred if one provider had performed all services.
- Charges by any hospital or other surgical or treatment facility and any additional fees charged for treatment in any such facility.
- Charges for drugs or the dispensing of drugs.
- Charges for oral hygiene instruction, plaque control, acid etch, prescription or take-home fluoride, dietary instruction, x-ray duplications, cancer screening, broken appointments, completion of a claim form, OSHA/ sterilization fees (Occupational Safety & Health Agency), or diagnostic photographs (except for orthodontic purposes).
- Services incurred during travel or activity outside of the United States, except for covered emergency services



Attachment B – Grievance and Appeal Form

Grievance/Appeal Form

Refer to page two of this form for information about grievances and appeals. If you need help with this form, please call us.

Mail completed form to:	Customer Ser	Customer Service:		
Premier Access Attn: Grievances/Appeals Dept., P.O. Box 38300 Phoenix, AZ 85069	Monday through Friday, 8:00 a.m. to 6:00 p.m. Utah Medicaid: 877-541-5415 Utah CHIP: 877-854-4242			
The form can also be emailed to AG@avesis.com or faxed to 1-855-691-3243.				
What program is this grievance/appeal request for?		Utah Medicaid	Utah CHIP	
Who is completing this form?		Member	Provider	
Providers can file a grievance/appeal on behalf of a member member's written consent, which must be attached.	er, with the			
Is a quick decision needed?		Yes	No	
A quick decision is needed when there is possible harm to a health, or ability to function. These are expedited appeals. appeals can be filed by calling Customer Service. A form is	Expedited			
Has this already been filed by phone?		Yes	No	
When you file an appeal by phone, a written form is not re filed by phone and need to submit additional documents, p completed form with your documents.				
Do you want to continue receiving services while we proce grievance/appeal?	ss your	Yes	No	
If the member continues services while we process the grie and the outcome is not in the member's favor, the member responsible for the cost of the disputed services received.		,		

Member ID Number:	Member Birthdate:	Te	Telephone:		
Member Last Name:	Member First Name:		MI:		
Street Address:	City:	State:	ZIP:		
Office Name:	Office Address:				
Provider Name:	Provider Name:Office Phone Number:				
Contact/Person filing on the membe	r's behalf (If applicable):				
Contact Phone Number:					
Describe the details of your grievance/ap involved, etc. Please use additional shee		n such as the date(s) o	of service, services		
Signature:		Date:			

Guidelines for Grievances and Appeals:

	Grievances	Appeals
What is it?	A grievance is a complaint about the way your dental care services were handled by your dentist or Premier Access.	 An appeal is a request for Premier Access to review one of the following: Request for services is denied or the approved services are less than what was requested Previously authorized service is terminated, reduced, or suspended Payment for a service is denied in whole or in part, and the denial could result in the member being liable for payment A Premier Access network provider fails to provide services in a timely manner (e.g., appointment wait
		 Premier Access failed to meet the timeframes for the Grievance and Appeals process.

What is an expedited request?	Not applicable for grievances.	An expedited appeal is a request for a quick decision. This is done to avoid possible harm to a member's life, health, or ability to function.
Who can file?	The member or provider.	The member, member's legally authorized representative, or a provider (on behalf of the member with the member's written consent).
How do I file?	A grievance can be filed orally or in writing.	An appeal can be filed orally or in writing. Written appeals can be submitted via mail, email, or fax. If submitting supporting documents, a written appeal is recommended. Call customer service to file an oral appeal.
When can I file?	A grievance can be filed at any time.	 An appeal must be filed within 60 calendar days from the date of the Notice of Action. For services previously approved: If the original approval has not expired and the member wants to continue services while the appeal is processed, an appeal must be filed the later of the following: By the intended effective date of the Action Within 10 days of the Notice of Action
Can I receive services while my request is reviewed?	Not applicable for grievances	 Disputed services can continue while the appeal is in process if all of the following apply: The member requests to continue services The appeal for the termination, suspension or reduction of a previously approved service The original approval has not expired The appeal was requested on time
How long does it take to process?	The grievance process takes up to 90 calendar days. A notice is sent with the decision.*	The appeal process takes up to 30 calendar days. A notice is sent with the decision. Quick or expedited appeals take up to three working days to process. You will receive notice of the decision.*

*Premier may take an additional 14 days for processing if either the member requests an extension, or there is a need for more information and it is in the best interest of the member. You will receive a notice of the reason for delay.

Fax: 855-691-3243 Email: AG@avesis.com Attn: Grievances/Appeals Dept. Premier Access P. O. Box 38300 Phoenix, AZ 85069-8300 **portal.premierlife.com**

Attachment C – Privacy Policy

S Guardian[,]

Customer Privacy Notice and our promise to you

At Guardian, we value every aspect of our relationship with you, and nothing is more important to that relationship than maintaining your trust and confidence. We take our responsibility to protect your personal information very seriously. The purpose of this notice is to make you aware of our policies and procedures for collecting, disclosing, and safeguarding the information that our current and former customers provide to us.

The Guardian Corporate Families include:

- The Guardian Life Insurance Company of America
- Berkshire Life Insurance
 Company of America
- The Guardian Insurance & Annuity Company, Inc.
- Sentinel American Life
 Insurance Company
- Family Service Life Insurance
 Company

- Managed DentalGuard, Inc.
- Avēsis Insurance
 Incorporated
- Managed Dental Care, Inc.
- Park Avenue Life Insurance
 Company
- IA PA, LLC (d/b/a IA PA Insurance Services in California)
- First Commonwealth, Inc. Innovative Underwriters, Inc.
- Premier Access Insurance
 Company
- Access Dental Plan
- DTC GLIC, LLC (d/b/a DTC GLIC Insurance Sales, LLC in California)

Collection of personal information

We collect the personal information of our customers from all of the following sources:

- Applications or other forms (such as policies) where we ask for items like your name, address, date of birth, etc.
- Your transactions with us and our affiliates (such as premium payments)
- Consumer reporting agencies and other similar sources relating to creditworthiness
- Our websites, where we capture information when you fill out forms

Disclosure of certain information

The law provides for the disclosure of certain information we collect as follows:

- With our affiliates to administer your policy or account, or to give you information about other products and services that may be of interest to you. We may also share non-credit-related information with affiliates to develop marketing programs. We're allowed to do this without obtaining prior authorization, and the law does not allow customers to restrict these disclosures.
- We may also share with our affiliates your information about transactions and experiences with us (such as payment history).
- With your agent, broker, or representative to service your policy or account.
- With non-affiliates to administer your policy or account or to administer our business.
- With non-affiliates with whom we have a joint marketing agreement (such as other financial companies)

 to send you information about products and services.

- We require all non-affiliates to keep your information confidential. We don't share your information with non-affiliates for any reason other than those above.
- With your authorization, information relating to your eligibility for insurance, including your creditworthiness, may be shared with our affiliates. You can limit this sharing by going to guardianlife.com/privacy-policy and clicking on Limit sharing of my information.

Note: We may also share your information if the law permits or requires sharing (for example, during the investigations of public authorities).

IMPORTANT: Why are you receiving this notice?

We're required by federal law to provide this notice when we start our relationship with you. You'll also receive it annually so long as you have a policy, contract, or other type of account with one or more of the entities listed in the Guardian Corporate Family. This requirement applies regardless whether we share any of your information.

Confidentiality and security

Under federal law, certain disclosures may require us to allow you to "opt-out" (i.e., allow you the option to not allow certain types of information sharing). If we're considering a disclosure that would trigger your right to opt-out, we'll let you do it before your information is shared. Any health information collected by us requires you to complete a separate authorization. We won't disclose your health information to anyone without your authorization, unless the law permits or requires us to. Access to your personal information is restricted to only those Guardian employees who need it to service your policy or account. We have physical, electronic, and procedural safeguards that comply with applicable federal and state regulations to keep your personal information safe. If you decide to end your relationship with a member of the Guardian Corporate Family, or if your policy or account becomes inactive for some other reason, we'll continue to treat and safeguard your information as described in this notice. The accuracy of your information is important to us. You have the right to access and to seek correction of your information. You also have the right to request a record of any subsequent disclosures of your information. Contact us at the address below to receive more information regarding these rights or to receive a more detailed explanation of our privacy policies.

Visit us at **guardianlife.com/privacy-policy** to access Guardian's HIPAA Privacy Policy (paper copies are available upon request). If you're a Group planholder, please share this information with your plan participants.

The Guardian Life Insurance Company of America Attn: Privacy Office, 10 Hudson Yards, New York, NY 10001 guardianlife.com

015258 (04-2021)

Attachment D – Notice of Privacy Practices

S Guardian[®]

NOTICE OF PRIVACY PRACTICES

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION.

PLEASE REVIEW IT CAREFULLY.

Effective: 05/01/2016

This Notice of Privacy Practices describes how Guardian and its subsidiaries may use and disclose your Protected Health Information (PHI) in order to carry out treatment, payment and health care operations and for other purposes permitted or required by law.

Guardian is required by law to maintain the privacy of PHI and to provide you with notice of our legal duties and privacy practices concerning PHI. We are required to abide by the terms of this Notice so long as it remains in effect. We reserve the right to change the terms of this Notice of Privacy Practices as necessary and to make the new Notice effective for all PHI maintained by us. If we make material changes to our privacy practices, copies of revised notices will be made available on request and circulated as required by law. Copies of our current Notice may be obtained by contacting Guardian (using the information supplied below), or on our Website at www.guardianlife.com/privacy-policy.

What is Protected Health Information (PHI):

PHI is individually identifiable information (including demographic information) relating to your health, to the health care provided to you or to payment for health care. PHI refers particularly to information acquired or maintained by us as a result of your having health coverage (including medical, dental, vision and long term care coverage).

In What Ways may Guardian Use and Disclose your Protected Health Information (PHI):

Guardian has the right to use or disclose your PHI without your written authorization to assist in your treatment, to facilitate payment and for health care operations purposes. There are certain circumstances where we are required by law to use or disclose your PHI. And there are other purposes, listed below, where we are permitted to use or disclose your PHI without further authorization from you. Please note that examples are provided for illustrative purposes only and are not intended to indicate every use or disclosure that may be made for a particular purpose.

Guardian has the right to use or disclose your PHI for the following purposes:

<u>Treatment.</u> Guardian may use and disclose your PHI to assist your health care providers in your diagnosis and treatment. For example, we may disclose your PHI to providers to supply information about alternative treatments.

<u>Payment.</u> Guardian may use and disclose your PHI in order to pay for the services and resources you may receive. For example, we may disclose your PHI for payment purposes to a health care provider or a health plan. Such purposes may include: ascertaining your range of benefits; certifying that you received treatment; requesting details regarding your treatment to determine if your benefits will cover, or pay for, your treatment.

<u>Health Care Operations.</u> Guardian may use and disclose your PHI to perform health care operations, such as administrative or business functions. For example, we may use your PHI for underwriting and premium rating

purposes. However, we will not use or disclose your genetic information for underwriting purposes and are prohibited by law from doing so.

Appointment Reminders. Guardian may use and disclose your PHI to contact you and remind you of appointments.

<u>Health Related Benefits and Services.</u> Guardian may use and disclose PHI to inform you of health related benefits or services that may be of interest to you.

<u>Plan Sponsors.</u> Guardian may use or disclose PHI to the plan sponsor of your group health plan to permit the plan sponsor to perform plan administration functions. For example, a plan may contact us regarding benefits, service or coverage issues. We may also disclose summary health information about the enrollees in your group health plan to the plan sponsor so that the sponsor can obtain premium bids for health insurance coverage, or to decide whether to modify, amend or terminate your group health plan.

Guardian is required to use or disclose your PHI:

- To you or your personal representative (someone with the legal right to make health care decisions for you);
- To the Secretary of the Department of Health and Human Services, when conducting a compliance investigation, review or enforcement action related to health information privacy or security; and
- Where otherwise required by law.

Guardian is Required to Notify You of any Breaches of Your Unsecured PHI.

Although Guardian takes reasonable, industry-standard measures to protect your PHI, should a breach occur, Guardian is required by law to notify affected individuals. Under federal medical privacy law, a breach means the acquisition, access, use, or disclosure of unsecured PHI in a manner not permitted by law that compromises the security or privacy of the PHI.

Other Uses and Disclosures.

Guardian may also use and disclose your PHI for the following purposes without your authorization:

- We may disclose your PHI to persons involved in your care or payment for care, such as a family member or close personal friend, when you are present and do not object, when you are incapacitated, under certain circumstances during an emergency or when otherwise permitted by law.
- We may use or disclose your PHI for public health activities, such as reporting of disease, injury, birth and death, and for public health investigations.
- We may use or disclose your PHI in an emergency, directly to or through a disaster relief entity, to find and tell those close to you of your location or condition
- We may disclose your PHI to the proper authorities if we suspect child abuse or neglect; we may also disclose your PHI if we believe you to be a victim of abuse, neglect, or domestic violence.
- We may disclose your PHI to a government oversight agency authorized by law to conducting audits, investigations, or civil or criminal proceedings.
- We may use or disclose your PHI in the course of a judicial or administrative proceeding (e.g., to respond to a subpoena or discovery request).
- We may disclose your PHI to the proper authorities for law enforcement purposes.
- We may disclose your PHI to coroners, medical examiners, and/or funeral directors consistent with law.

- We may use or disclose your PHI for organ or tissue donation.
- We may use or disclose your PHI for research purposes, but only as permitted by law.
- We may use or disclose PHI to avert a serious threat to health or safety.
- We may use or disclose your PHI if you are a member of the military as required by armed forces services.
- We may use or disclose your PHI to comply with workers' compensation and other similar programs.
- We may disclose your PHI to third party business associates that perform services for us, or on our behalf (e.g. vendors).
- We may use and disclose your PHI to federal officials for intelligence and national security activities authorized by law. We also may disclose your PHI to authorized federal officials in order to protect the President, other officials or foreign heads of state, or to conduct investigations authorized by law.
- We may disclose your PHI to correctional institutions or law enforcement officials if you are an inmate or under the custody of a law enforcement official (e.g., for the institution to provide you with health care services, for the safety and security of the institution, and/or to protect your health and safety or the health and safety of other individuals).
- We may use or disclose your PHI to your employer under limited circumstances related primarily to workplace injury or illness or medical surveillance.

We generally will not sell your PHI, or use or disclose PHI about you for marketing purposes without your authorization unless otherwise permitted by law.

Your Rights with Regard to Your Protected Health Information (PHI):

<u>Your Authorization for Other Uses and Disclosures.</u> Other than for the purposes described above, or as otherwise permitted by law, Guardian must obtain your written authorization to use or disclosure your PHI. You have the right to revoke that authorization in writing except to the extent that: (i) we have taken action in reliance upon the authorization prior to your written revocation, or (ii) you were required to give us your authorization as a condition of obtaining coverage, and we have the right, under other law, to contest a claim under the coverage or the coverage itself.

Under federal and state law, certain kinds of PHI may require enhanced privacy protections. These forms of PHI include information pertaining to:

- HIV/AIDS testing, diagnosis or treatment
- Venereal and /or communicable Disease(s)
- Genetic Testing
- Alcohol and drug abuse prevention, treatment and referral
- Psychotherapy notes

We will only disclose these types of delineated information when permitted or required by law or upon your prior written authorization.

<u>Your Right to an Accounting of Disclosures.</u> An 'accounting of disclosures' is a list of certain disclosures we have made, if any, of your PHI. You have the right to receive an accounting of certain disclosures of your PHI that were made by us. This right applies to disclosures for purposes other than those made to carry out treatment, payment and health care operations as described in this notice. It excludes disclosures made to you, or those made for notification purposes.

We ask that you submit your request in writing by completing our form. Your request may state a requested time period not more than six years prior to the date when you make your request. Your request should indicate in what form you want the list (e.g., paper, electronically). Our form for Accounting of Disclosure requests is available at www.guardianlife.com/privacy-policy.

<u>Your Right to Obtain a Paper Copy of This Notice.</u> You have a right to request a paper copy of this notice even if you have previously agreed to accept this notice electronically. You may obtain a paper copy of this notice by sending a request to the contact information listed at the end of this notice.

<u>Your Right to File a Complaint.</u> If you believe your privacy rights have been violated, you may file a complaint with Guardian or the Secretary of U.S. Department of Health and Human Services. If you wish to file a complaint with Guardian, you may do so using the contact information below. You will not be penalized for filing a complaint.

Please submit any exercise of the Rights designated below to Guardian in writing using the contact information listed below. For some requests, Guardian may charge for reasonable costs associated with complying with your requests; in such a case, we will notify you of the cost involved and provide you the opportunity to modify your request before any costs are incurred.

<u>Your Right to Request Restrictions.</u> You have the right to request a restriction on the PHI we use or disclose about you for treatment, payment or health care operations as described in this notice. You also have the right to request a restriction on the medical information we disclose about you to someone who is involved in your care or the payment for your care.

Guardian is not required to agree to your request; however, if we do agree, we will comply with your request until we receive notice from you that you no longer want the restriction to apply (except as required by law or in emergency situations). Your request must describe in a clear and concise manner: (a) the information you wish restricted; (b) whether you are requesting to limit Guardian's use, disclosure or both; and (c) to whom you want the limits to apply.

<u>Your Right to Request Confidential Communications.</u> You have the right to request that Guardian communicate with you about your PHI be in a particular manner or at a certain location. For example, you may ask that we contact you at work rather than at home. We are required to accommodate all reasonable requests made in writing, when such requests clearly state that your life could be endangered by the disclosure of all or part of your PHI.

<u>Your Right to Amend Your PHI.</u> If you feel that any PHI about you, which is maintained by Guardian, is inaccurate or incomplete, you have the right to request that such PHI be amended or corrected. Within your written request, you must provide a reason in support of your request. Guardian reserves the right to deny your request if: (i) the PHI was not created by Guardian, unless the person or entity that created the information is no longer available to amend it (ii) if we do not maintain the PHI at issue (iii) if you would not be permitted to inspect and copy the PHI at issue or (iv) if the PHI we maintain about you is accurate and complete. If we deny your request, you may submit a written statement of your disagreement to us, and we will record it with your health information.

<u>Your Right to Access to Your PHI.</u> You have the right to inspect and obtain a copy of your PHI that we maintain in designated record sets. Under certain circumstances, we may deny your request to inspect and copy your PHI. In an instance where you are denied access and have a right to have that determination reviewed, a licensed health care professional chosen by Guardian will review your request and the denial. The person conducting the review will not be the person who denied your request. Guardian promises to comply with the outcome of the review.

How to Contact Us:

If you have any questions about this Notice or need further information about matters covered in this Notice, please call the toll-free number on the back of your Guardian ID card. If you are a broker please call 800-627-4200. All

others please contact us at 800-541-7846. You can also write to us with your questions, or to exercise any of your rights, at the address below:

Attention: Guardian Corporate Privacy Officer

Address: The Guardian Life Insurance Company of America Group Quality Assurance – Northeast P.O. Box 981573 El Paso, TX 79998-1573